

WHY AREN'T WORKERS RESTING WHEN SICK?



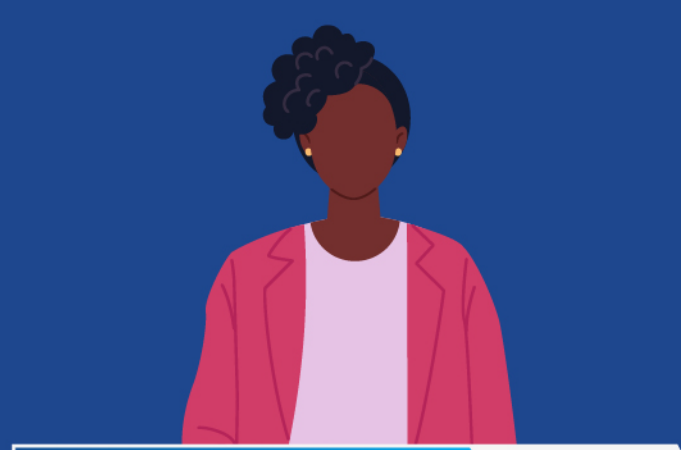
62% of employed Americans admit they'd go to work in person while sick unless their symptoms were severe enough that they couldn't get out of bed.



92% of employed Americans admit to working while sick because they can't afford to take a sick day.



In fact, **64%** of employees said taking an unpaid sick day would cause a financial strain.



Black women
70%

AND



Latina women
68%

feel that some form of financial assistance would help them take a sick day.

67% of employees said inflation has made them less likely to take an unpaid sick day due to greater concerns about financial security.



2 in 3

employees (**67%**) avoid calling out sick for fear of being reprimanded by their employer or company,

compared to **58%** in 2021.



60% of employees feel discouraged by their workplace to call out to take care of themselves



20% more than in 2021.

